

CHOOSING
WISELY

Canadian Association of Nuclear Medicine
Association canadienne de médecine nucléaire

Six Things Physicians and Patients Should Question

- 1- Don't perform stress cardiac imaging or coronary angiography in patients without cardiac symptoms unless high-risk markers are present.
- 2- Don't use nuclear medicine thyroid scans to evaluate thyroid nodules in patients with normal thyroid gland function.
- 3- Avoid using a computed tomography angiogram to diagnose pulmonary embolism in young women with a normal chest radiograph; consider a radionuclide lung study ("V/Q study") instead.
- 4- Don't use PET imaging in the evaluation of patients with dementia unless the patient has been assessed by a specialist in the field.
- 5- Don't use PET scans for routine cancer annual follow-up.
- 6- Don't use liver/spleen scans for liver metastatic liver cancer assessment.