

**Radiopharmaceutical Regulations: Changing
the Tide
International Nuclear Medicine Community
Collaboration**

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Impetus

- evident that regulatory practices are one of the most significant factors limiting affordable access to new and existing radiopharmaceuticals and hindering further development
- Jurisdictions around world have problems but creative solutions have been already explored and in many cases implemented

Radiopharmaceutical Regulation History

- RP's somewhat of an orphan (foster child)
- Initially governed under medical devices (likely because of Mo/Tc generators)
- Canada assessed and partially harmonized with other jurisdictions designated RP's as drugs
- Currently reside with *Biologics and Genetics and Therapeutics Directorate (BGTD)* possibly as a result of monoclonal antibody work?
- oversight of production facilities is with a different section now called *Regulatory Operations and Regions*

Canadian Radiopharmaceutical Regulation History

- They fall under the Federal Ministry of Health and are guided by regulations derived from the Food and Drug Act
- Somewhat antiquated legislation although there has been some regulatory reform over time and a significant effort now under way

Radiopharmaceutical Regulation

- Don't fit well into much larger cold pharma system
 - Radioactive
 - Short lived
 - Small batch (especially in PET and hospital based production)
 - Subphysiologic dosing
 - Diagnostics
 - But case for therapeutics as well because still nanomolar; rads strong
 - Negligible/minimal side effects or adverse events

Canadian RP Regulatory Status

- Manufacturing (mostly PET)
 - Federal falls under Food and Drug Act and the resultant regulatory schema
 - Similar for cold kit production
- Compounding (largely SPECT agents)
 - Practice of pharmacy which has provincial oversight
 - Exception of larger Centralized radiopharmacies

Canadian RP Regulatory Approval

- **B**asic **R**esearch **A**pplications for **P**ositron agent
 - Proof of concept for PET agent; <30 human patients; 15 day review
 - No SPR equivalent although under review
- **CTA** (clinical trial application)
 - clinical use of RP not approved in jurisdiction
 - More detailed review; 1 month review
- **Therapeutic CTA**
 - Variation to allow access to agents not otherwise approved but available in other jurisdictions
 - Relatively new and limited RP use to date

Canadian RP Regulatory Approval

- NDS (new drug submission)
 - approval of new tracer, clinical data
 - 12 months (priority 6 months)
- All aspects of these are dealt with by BGTD
- Issue of NOC (Notice of Compliance)

Production/ Manufacturing

- Separate Division
- Own rules and guidance
- Looks after ALL pharmaceutical production facilities from huge pharma to small unit production
- No specific regulations related to RP but adaption of cold pharma

Facility Requirements

- For manufacturing
 - GMP
 - Obvious issues around unique nature of RP's especially related to radioactive decay
 - Issues of small volumes and in many cases small area of distribution

Facility Requirements

- For compounding only related to larger commercial central radiopharmacies
 - GMP based
 - Again issues with the unique nature of RP's
- economic viability difficult with significant consolidation over the last decade and now have only one Canadian commercial provider in essentially a monopoly situation

Perspective of the \$ Problem

- Market of therapeutic drugs world wide is close to \$962.1 billion
- Market of Diagnostic agents worldwide is \$3.8 billion (0.3%)
- Pfizer alone is \$6.5 billion

The Negative Evolution

- when began practice a quarter-century ago, many more radiopharmaceuticals were available
- over time there has been a significant loss
 - $^{57/58}\text{Co}$ -Colbalt B12 for **Schillings test**
 - ^{51}Cr EDTA for **GFR**
 - ^{51}Cr Chromate for **Red Cell Mass**
 - Iodine based hippurate renal agent
 - Antimony Colloid **lymphoscintigraphy**

Still clinically relevant

Loss of RP's During 21st Century

Year	Market name	Compounded radiopharmaceutical
2015	MDP-Bracco	Tc ^{99m} medronate
2009	Technetope II Generator	Tc ^{99m} sodium pertechnetate sterile generator
2009	Tesuloid	Tc ^{99m} sulfur colloid kit
2009	Renotec	Tc ^{99m} ferpenetate kit
2009	TechneColl	Tc ^{99m} sulfur colloid kit
2009	TechneSca Pyrophosphate	Tc ^{99m} pyrophosphate kit
2009	Technescan Gluceptate	Tc ^{99m} gluceptate kit
2008	Gluceptate Kit	Tc ^{99m} gluceptate injection
2008	NeuroSpec	Tc ^{99m} fanolesomab kit
2007	Sodium Pertechnetate	Sodium pertechnetate Tc ^{99m} solution
2007	Glucoscan	Tc ^{99m} gluceptate kit
2007	Lung Aggregate Kit	Tc ^{99m} macroaggregates of albumin kit
2007	Technescan HIDA	Tc ^{99m} HIDA kit for preparation of lidofenin injection
2007	AcuTect	Tc ^{99m} apticide kit
2007	NeoTect	Tc ^{99m} depreotide kit
2005	Sodium Pertechnetate	Sodium pertechnetate Tc ^{99m} solution

2005	Tc ^{99m} MAA Kit	Tc ^{99m} macroaggregates of albumin kit
2005	Tc ^{99m} Medronate Kit	Tc ^{99m} medronate MDP kit
2003	HEDSPA Multidose Kit	Tc ^{99m} etidronate kit
2003	HSA Kit	Tc ^{99m} human serum albumin kit
2003	TSC Kit	Tc ^{99m} sulfur colloid kit
2003	RBC Kit	Tc ^{99m} red blood cell kit
2002	Sulfur Colloid	Tc ^{99m} sulfur colloid kit
2002	Osteoscan	Tc ^{99m} etidronate kit
2002	Pyrophosphate Kit	Tc ^{99m} pyrophosphate kit

And Approvals since 1990?

- 3 SPECT agents
 - MIBI 90's
 - 123I MIBG
 - 1234I Datscan
- 3 PET agents
 - FDG 2000's
 - Rubidium 2015
 - Amyvid 2016

Issues

- good science is not sufficient to bring a drug on the market
- Radiopharmaceutical industry is fully mature but does not have the funds to fully develop RPs
- Today Conventional Pharma Industry (CPI) is not interested in RPs (and absolutely not in diagnostics)
- industry consolidation/ loss of competition/low R&D investment

Regulation Further Fallout

- Each production site needs to develop their own products
- Huge duplication of
 - Workload
 - Costs
 - Patient accrual
 - Chemistry and Quality expertise

Example: Canadian FDG Licensing

- Required multiple 8 separate NDS's for essentially a generic physiologic agent with two decades of prior use
- Only last couple were reviewed as generic (ANDS) and that change occurred during process
- Had to produce Canadian clinical data
- Huge resources expended by the community and the regulator
- Currently multiple licensed products with differing indications

Example: Radiation Synovectomy

- Decades of use although relatively limited patient numbers
- ⁹⁰Y became primary around 1995
- with regulatory changes, access only through Special Access Program in late 1990s

Example: Radiation Synovectomy

- 2012 abrupt termination of approvals for 90Y
- Told doesn't meet criteria
- CANM helped organize a multicenter CTA to help provide access
- Viewed by BGTD as therapeutic access CTA
- Several hundred patients in 7 active sites

BUT

- Rigorous requirement for patient testing and follow up deterred many centres and patients
 - To meet safety data requirements
 - Due diligence
- Utilizing same RP utilized in Europe in countless patients
- Summer 2017 Inspectorate Review of a site
 - ‘countless breeches of GCP and CTA requirements’
 - Study ended





Bilateral Work

- Consultative work between Nuclear community and regulator for years in various formats
- Current iteration began around 2011
- Initiated by BGTD as an information seminar every 2 years
- Now formalized as a Working Group led by CANM and CARS with community members
- Direct contact with BGTD
 - Unfortunately other areas of bureaucracy (SAP; Inspectorate) with oversight not directly plugged in but do link

Current Bilateral Work

- Provides a venue for consultation and discussion of issues
- A WIP that now involves 2 meetings with working group and HC annually and larger scale biennial conferences

Future

- Regulations reflecting Radiopharmaceutical uniqueness allowing affordable safe access
- Canadian government announced 2017 that \$71 million to HC improving access and use of **necessary Therapeutic products**
- Hopeful for modifications and recognition of the unique nature of RP's but the project covers all Pharma
- Affordable access???

But More Needed

- From discussions became evident regulators not wanting to be out of step internationally
- Pharma and radiopharma are largely international
- Context of ICH catch term in Health Canada discussions
- Discussions of regulations with members of sister nuclear medicine organizations around globe

International Nature of Radiopharmaceutical Regulations

- Despite himself:



- Living in an international world
- trying to improve the regulatory framework look at the international picture

Moreover; with evolution, not just a Canadian issue

Further Impetus

- International Collaboration on Harmonization (ICH)
- Interest in radiopharmaceutical regulation on an international scale expressed by IAEA
 - Harmonization for major players
 - Develop a floor for developing members

Hopes

- Sharing info can improve regulatory practices in the involved countries
- Sharing of information between organizations/regions will provide others with insight to positively engage their respective regulators
- Bring new ideas to regulatory table for RP'a

Inception of a Working Group of the Nuclear Community



**CANM
ACMN**

The Canadian Association of Nuclear Medicine
Association canadienne de médecine nucléaire



SOCIETY OF
NUCLEAR MEDICINE
AND MOLECULAR IMAGING



BIOMEDICAL
IMAGING AND
THERAPY FOR
PERSONALIZED
HEALTHCARE



IAEA

International Atomic Energy Agency

Atoms for Peace



?Others

International RP Working Group Structure

- Began May 2017
- **Inclusive** group of of the world nuclear medicine community looking at RP regulatory structures and administration
- Assessing areas of common interest and work that can facilitate affordable, safe access to nuclear medicine agents
- Critical assessment of different international regulatory structures seeking “Best Pragmatic Practice”

Operations

- Ongoing
- face to face (facetime too) at the major international nuclear medicine conferences
 - EANM
 - SNMMI
 - WFNMB
 - ?others
- Tcon and electronic linkage to forward work

Work

- Discussion of position/white papers and other methods to help member organizations deal with regulatory bodies
- Working groups on specific issues
- Evaluate regulatory regimes and member organization issues seeking solutions
- Sharing of how Regs applied, evolving
- Involvement in international efforts on RP regs
 - IAEA
 - ICH?

Summary

- RP's especially diagnostic have an extraordinary safety record
- RP's maintain significant importance to diagnosis and RX
- RP regulation is important but the balance and application is important
- Significant differences of regs and application around the world
- Room for improvement
- Sharing of information is vital to aid this
- Incorporation of practitioners into regulation discussion formulation and reform